

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1:00 Older Adult Virtual Field Trip - Royal Botannical Gardens	2	3
4	5	6 10:00 Older Adult Learn Meditation Program 1:00 Older Adult 55+ Online Guitar Jam	7	8	9 1:00 Older Adult 55+ Chair Yoga	10
11	12 1:00 Older Adult Community Chats	13 1:00 Older Adult 55+ Online Guitar Jam	14	15	16 1:00 Older Adult 55+ Chair Yoga	17
18	19	20 1:00 Older Adult 55+ Online Guitar Jam	21	22 1:00 Celebrate Earth Day	23 1:00 Older Adult 55+ Chair Yoga	24
25	26	27 1:00 Older Adult 55+ Online Guitar Jam 7:00 Older Adult Recreation - Games Night on Zoom	28	29	30 1:00 Older Adult 55+ Chair Yoga	