

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 1:30 pm Friday Afternoon Drop in Line Dancing	2
3	4 9:30 am S.M.A.R.T Exercise Program with V.O.N. 1:00 pm Guitar Jammers Program at Stars Arena	5 9:30 am Chair Yoga Program 10:30 am Chef Series 10:30 am Chef Series 1:00 pm Ukulele Jammers 1:00 pm Absolute Beginner - Step One Line Dancing 2:15 pm Absolute Beginner - Step Two	6 9:30 am Social Walking Club 1:00 pm Social, Chats and Games 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 6:00 pm Drop in Evening Line Dancing	7 1:00 pm Hobby Lobby Meetup	8 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N.	9
10	11 9:30 am S.M.A.R.T Exercise Program with V.O.N. 1:00 pm Guitar Jammers Program at Stars Arena	12 9:30 am Chair Yoga Program 10:30 am Chef Series 1:00 pm Ukulele Jammers	13 9:30 am Social Walking Club 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 1:00 pm Social, Chats and Games 6:00 pm Drop in Evening Line Dancing	14 1:00 pm Hobby Lobby Meetup	15 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N.	16
17	18 9:30 am S.M.A.R.T Exercise Program with V.O.N. 1:00 pm Guitar Jammers Program at Stars Arena	19 9:30 am Chair Yoga Program 10:30 am Chef Series 1:00 pm Ukulele Jammers	20 9:30 am Social Walking Club 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 1:00 pm Social, Chats and Games 6:00 pm Drop in Evening Line Dancing	21 1:00 pm Hobby Lobby Meetup	22 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N.	23
24	25 9:30 am S.M.A.R.T	26 9:30 am Chair Yoga	27 9:30 am Social	28 1:00 pm Hobby	29 10:30 am Seniors	

	<p>Exercise Program with V.O.N.</p> <p>1:00 pm Guitar Jammers Program at Stars Arena</p>	<p>Program</p> <p>10:30 am Chef Series</p> <p>1:00 pm Ukulele Jammers</p>	<p>Walking Club</p> <p>1:00 pm S.M.A.R.T Exercise Program with V.O.N.</p> <p>1:00 pm Social, Chats and Games</p>	<p>Lobby Meetup</p>	<p>Active Living Centre Pancake Brunch and Social</p> <p>11:00 am Chair Yoga Program</p> <p>1:00 pm S.M.A.R.T Exercise Program with V.O.N.</p>
--	--	---	--	---------------------	--

<https://calendar.wasagabeach.com>