Monday, January 9, 2023

Walking Club

Date and Time: Monday, January 9 9:30 am - 10:30 am

Address: 1621 Mosley St



SMART Exercise Classes with V.O.N.

Date and Time: Monday, January 9 1:00 pm - 2:00 pm

Address: 425 River Road West - Arena Recreation Hall

The VON SMART Exercise program is a research and evidence based program. Designed for community memeb ers 55+ who, regardless of ability wish to maintain or are deficit in one or more of the following areas; upper/low er body strength, balance, flixibilty. All programs are client-focused and tailored to the needs of the participants. PRE-REGISTRATION IS REQUIRED

Tuesday, January 10, 2023

Guitar Jammers

Date and Time: Tuesday, January 10 1:00 pm - 2:45 pm

Address: 1621 Mosley St



Ukulele Meet up

Date and Time: Tuesday, January 10 1:30 pm - 2:30 pm

WEEKLY Beginner Ukulele Meet up at the Senior Active Living Centre Tuesdays 1:30-2:30 pm beginning January 10th, 2023 Participant must know basic chords

Register online: www.wasagabeach.com/recreation Call 705-429-3321





Wednesday, January 11, 2023

Social and Games afternoon

Date and Time: Wednesday, January 11 1:00 pm - 3:00 pm



Thursday, January 12, 2023

Hobby Lobby

Date and Time: Thursday, January 12 1:00 pm - 3:00 pm



Monday, January 16, 2023

Walking Club

Date and Time: Monday, January 16 9:30 am - 10:30 am



SMART Exercise Classes with V.O.N.

Date and Time: Monday, January 16 1:00 pm - 2:00 pm

Address: 425 River Road West - Arena Recreation Hall

The VON SMART Exercise program is a research and evidence based program. Designed for community memeb ers 55+ who, regardless of ability wish to maintain or are deficit in one or more of the following areas; upper/low er body strength, balance, flixibilty. All programs are client-focused and tailored to the needs of the participants. PRE-REGISTRATION IS REQUIRED

Tuesday, January 17, 2023

Guitar Jammers

Date and Time: Tuesday, January 17 1:00 pm - 2:45 pm



Ukulele Meet up

Date and Time: Tuesday, January 17 1:30 pm - 2:30 pm

WEEKLY Beginner Ukulele Meet up at the Senior Active Living Centre Tuesdays 1:30-2:30 pm beginning January 10th, 2023 Participant must know basic chords

Register online: www.wasagabeach.com/recreation Call 705-429-3321





Wednesday, January 18, 2023

Social and Games afternoon

Date and Time: Wednesday, January 18 1:00 pm - 3:00 pm



Thursday, January 19, 2023

Hobby Lobby

Date and Time: Thursday, January 19 1:00 pm - 3:00 pm



Monday, January 23, 2023

Walking Club

Date and Time: Monday, January 23 9:30 am - 10:30 am



Tuesday, January 24, 2023

Guitar Jammers

Date and Time: Tuesday, January 24 1:00 pm - 2:45 pm



Ukulele Meet up

Date and Time: Tuesday, January 24 1:30 pm - 2:30 pm

WEEKLY Beginner Ukulele Meet up at the Senior Active Living Centre Tuesdays 1:30-2:30 pm beginning January 10th, 2023 Participant must know basic chords

Register online: www.wasagabeach.com/recreation Call 705-429-3321





Wednesday, January 25, 2023

Social and Games afternoon

Date and Time: Wednesday, January 25 1:00 pm - 3:00 pm



Thursday, January 26, 2023

Hobby Lobby

Date and Time: Thursday, January 26 1:00 pm - 3:00 pm



Monday, January 30, 2023

Walking Club

Date and Time: Monday, January 30 9:30 am - 10:30 am



Soup-er Monday Community Meal Program

Date and Time: Monday, January 30 11:00 am - 1:00 pm

Address: 1724 Mosley St (Oakview Centre)





This community program brings together
Volunteers from the Town of Wasaga Beach
Community to prepare a meal. Our Community
Soup'er program provides an opportunity for social
engagement, community fellowship and provides
opportunity to enjoy a family style meal together.

PROGRAM IS OFFERED WITH SUPPORT FROM THE COMMUNITY AND VOLUNTEERS WHO FACILITATE THE COMMUNITY SOUP'ER PROGRAM

When: Monday January 30th,

February 27, March 27th, April 24th and May 29th

Where: Oakview Centre

Recplex, 1724 Mosley Street

Time: 11:00am Gather, 11:30am Soups On

Cost: Donation, free will offering

Recreation Red All in.



Tuesday, January 31, 2023

Guitar Jammers

Date and Time: Tuesday, January 31 1:00 pm - 2:45 pm



Ukulele Meet up

Date and Time: Tuesday, January 31 1:30 pm - 2:30 pm

WEEKLY Beginner Ukulele Meet up at the Senior Active Living Centre Tuesdays 1:30-2:30 pm beginning January 10th, 2023 Participant must know basic chords

Register online: www.wasagabeach.com/recreation Call 705-429-3321





https://calendar.wasagabeach.com