

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 1:30 pm Friday Afternoon Drop in Line Dancing	2
3	4 9:30 am S.M.A.R.T Exercise Program with V.O.N. 1:00 pm Guitar Jammers Program at Stars Arena	5 9:30 am Chair Yoga Program 10:30 am Chef Series 10:30 am Chef Series 1:00 pm Absolute Beginner - Step One Line Dancing 1:00 pm Ukulele Jammers 2:15 pm Absolute Beginner - Step Two	6 9:30 am Social Walking Club 1:00 pm Social, Chats and Games 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 6:00 pm Drop in Evening Line Dancing	7 1:00 pm Hobby Lobby Meetup	8 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N.	9
10	11 9:30 am S.M.A.R.T Exercise Program with V.O.N. 10:00 am Remembrance Day Service 1:00 pm Guitar Jammers Program at Stars Arena	12 9:30 am Chair Yoga Program 10:30 am Chef Series 1:00 pm Ukulele Jammers	13 9:30 am Social Walking Club 1:00 pm Social, Chats and Games 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 6:00 pm Drop in Evening Line Dancing	14 1:00 pm Hobby Lobby Meetup	15 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N.	16
17	18 9:30 am S.M.A.R.T Exercise Program with V.O.N. 1:00 pm Guitar Jammers Program at Stars Arena	19 9:30 am Chair Yoga Program 10:30 am Chef Series 1:00 pm Ukulele Jammers	20 9:30 am Social Walking Club 1:00 pm Social, Chats and Games 1:00 pm S.M.A.R.T Exercise Program with V.O.N. 6:00 pm Drop in Evening Line Dancing	21 1:00 pm Hobby Lobby Meetup	22 10:00 am Tree Lighting Ceremony 10:00 am Holiday Market 11:00 am Chair Yoga Program 1:00 pm S.M.A.R.T Exercise Program with V.O.N.	23 10:00 am Holiday Market 10:00 am Santa Claus Parade
24 10:00 am Holiday	25 9:30 am S.M.A.R.T	26 9:30 am Chair Yoga	27 9:30 am Social	28 1:00 pm Hobby	29 10:30 am Seniors	

Market 10:00 am Funderland	Exercise Program with V.O.N.  1:00 pm Guitar Jammers Program at Stars Arena	Program 10:30 am Chef Series  1:00 pm Ukulele Jammers	Walking Club 1:00 pm Social, Chats and Games  1:00 pm S.M.A.R.T Exercise Program with V.O.N.	Lobby Meetup	Active Living Centre Pancake Brunch and Social  11:00 am Chair Yoga Program  1:00 pm S.M.A.R.T Exercise Program with V.O.N.
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<https://calendar.wasagabeach.com>