

Tuesday, March 1, 2022

Spring and Summer Program Registration Begins

Date and Time: Tuesday, March 1 9:00 am

Address: 1724 Mosley Street RecPlex

Registration begins for our Spring and Summer Recreation Programs for Seniors Active Living Centre and Older Adult Recreation Programs. Registration is first come first served.

Virtual Seniors Active Living Centre Fair Registration Begins

Date and Time: Tuesday, March 1 9:00 am

Address: Online Zoom Hosted by Senior Active Living Centre



ONLINE VIRTUAL FAIR

HOSTED BY The Senior Active Living Centre

HURRY! Virtual Fair information kits for the first (50) registered participants.

MARCH 14th - 18th, 2022

REGISTRATION BEGINS MARCH 1st, 2022

This incredible event will provide Older Adults opportunities to **Connect Virtually over ZOOM**. Join us from the comfort of your living room for a week of online information, presentations, virtual field trips and fun activities for Older Adults 50+



PRESENTATIONS BY:

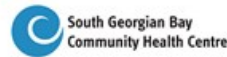
- **The Town of Wasaga Beach Public Library** "There is something for everyone at the Wasaga Beach Library"
- **Senior Active Living Centre** - Virtual Field Trip to Royal Botanical Gardens, Elder Abuse Presentation, St. Patrick's Virtual Fun, Arm Chair Tour of Facilities and Information
- **The South Georgian Bay Community Health Centre** - Information, Volunteering and Mindful Meditation
- **VON Canada** - Community Programs & Exercise Class
- **Primetime Club** - Program and Virtual Tour
- **YMCA of Simcoe Muskoka (Wasaga Beach)** - Facilities and Programs

REGISTRATION:

DATE: March 14 – 18th 2022
PHONE: 705-429-3321 ext 2501 (Customer Service)
IN PERSON: RecPlex 1724 Mosley St, Wasaga Beach
ONLINE: www.wasagabeach.com/recreation

Participants who are interested in participating but require assistance, are encouraged to contact the Wasaga Beach Public Library to reserve a computer tablet. The library also offers instruction on using the Zoom platform, assistance setting up your computer, phone or tablet.

Library is located at 120 Glenwood Dr, Wasaga Beach. 705-429-5481.



Elder Abuse
Prevention
Ontario



Recreation, Events & Facilities

www.wasagabeach.com (705) 429-3321 *Connecting with your Community*



Chair Yoga on Zoom

Date and Time: Tuesday, March 1 1:00 pm - 1:45 pm

Address: 1621 Mosley Street - Active Living Centre

Chair Yoga is a gentle class offering a series of yoga and stretching exercises that can be done standing or seated in a chair. Combination of breathing and meditation also added into some classes. Class is offered online Zoom.

Youth Centre- Sports Night

Date and Time: Tuesday, March 1 6:00 pm

Address: 1621 Mosley Street

Join the Youth Centre for an evening of sports.

Wednesday, March 2, 2022

Senior Active Living Centre - Drop in Wednesdays 1-3 pm

Date and Time: Wednesday, March 2 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

Drop in to the Senior Active Living Centre and enjoy a coffee, chat with friends, watch TV, play ping pong... you decide. Wednesdays 1-3 pm 1621 Mosley St.

Senior Active Living Centre - Drop in Wednesdays 1-3 pm

Date and Time: Wednesday, March 2 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

Drop in to the Senior Active Living Centre and enjoy a coffee, chat with friends, watch TV, play ping pong... you decide. Wednesdays 1-3 pm 1621 Mosley St.

Youth Centre- Cooking Night

Date and Time: Wednesday, March 2 6:00 pm

Address: 1621 Mosley Street

Thursday, March 3, 2022

Public Skating - Adult Skate

Date and Time: Thursday, March 3 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

Shinny, Friday's 12:00p.m. to 1:30p.m

October to March – excluding PA Days

Fees: \$1.500/skater or \$6.00/family. Shinny \$5.00/skater

P.A. DAY PUBLIC SKATING

October 22, 2021 3:00p.m. to 4:00;p.m.

Youth Centre Halloween Skate, October 29, 2021 – 6:00p.m. to 8:00 p.m. (FREE)

November 12, 2021 3:00 p.m. to 4:00p.m.

Fees: \$1.500/skater or \$6.00/family.

Please Note:

- Helmets are strongly recommended
- Children under 12 should be accompanied by an adult
- Face Covers must be worn in lobby and change rooms
- Sign in and self screening must be completed upon entrance of the building |
- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Youth Centre- Cooking Corner

Date and Time: Thursday, March 3 4:30 pm - 6:00 pm

Address: 1621 Mosley Street

Youth Centre- Movie Night

Date and Time: Thursday, March 3 5:00 pm

Address: 1621 Mosley Street

Friday, March 4, 2022

Public Skating - Parent & Tot Skate

Date and Time: Friday, March 4 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

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January 28, 2022 3:00p.m. to 4:00p.m.

Fees: \$1.500/skater or \$6.00/family.

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- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Public Skating - Shiny

Date and Time: Friday, March 4 12:00 pm - 1:30 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

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Location: Wasaga Stars Arena – 425 River Road West

Youth Centre- YMCA Night

Date and Time: Friday, March 4 5:00 pm - 8:00 pm

Address: 1621 Mosley Street

Saturday, March 5, 2022

Youth Centre- Movie and Popcorn

Date and Time: Saturday, March 5 5:00 pm

Address: 1621 Mosley Street

Monday, March 7, 2022

Public Skating - Parent & Tot Skate

Date and Time: Monday, March 7 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

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- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Public Skating - Adult Skate

Date and Time: Monday, March 7 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

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- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Youth Centre- Gaming Night

Date and Time: Monday, March 7 6:00 pm

Address: 1621 Mosley Street

Tuesday, March 8, 2022

Youth Centre- Sports Night

Date and Time: Tuesday, March 8 6:00 pm

Address: 1621 Mosley Street

Join the Youth Centre for an evening of sports.

Wednesday, March 9, 2022

Youth Centre- Cooking Night

Date and Time: Wednesday, March 9 6:00 pm

Address: 1621 Mosley Street

Thursday, March 10, 2022

Public Skating - Adult Skate

Date and Time: Thursday, March 10 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

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Location: Wasaga Stars Arena – 425 River Road West

Youth Centre- Cooking Corner

Date and Time: Thursday, March 10 4:30 pm - 6:00 pm

Address: 1621 Mosley Street

Youth Centre- Movie Night

Date and Time: Thursday, March 10 5:00 pm

Address: 1621 Mosley Street

Friday, March 11, 2022

Public Skating - Parent & Tot Skate

Date and Time: Friday, March 11 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

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- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Public Skating - Shinny

Date and Time: Friday, March 11 12:00 pm - 1:30 pm

Address: 425 River Road West, Wasaga Beach

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Location: Wasaga Stars Arena – 425 River Road West

Youth Centre- YMCA Night

Date and Time: Friday, March 11 5:00 pm - 8:00 pm

Address: 1621 Mosley Street

Saturday, March 12, 2022

Youth Centre- Movie and Popcorn

Date and Time: Saturday, March 12 5:00 pm

Address: 1621 Mosley Street

Monday, March 14, 2022

Public Skating - Parent & Tot Skate

Date and Time: Monday, March 14 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

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- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Public Skating - Adult Skate

Date and Time: Monday, March 14 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

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Location: Wasaga Stars Arena – 425 River Road West

Date and Time: Monday, March 14 11:00 am - 12:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

Monday March 14th 11:00 am - Learn about the many programs and services "Something for Everyone with the Wasaga Beach Public Library"

Royal Botanical Gardens Virtual Fieldtrip

Date and Time: Monday, March 14 2:00 pm - 3:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

Monday March 14th 2:00 pm - Virtual Field Trip Royal Botanical Gardens and presentation "Amazing Monarchs"

Royal Botanical Gardens is a living museum which serves local, regional and global communities while developing and promoting public understanding of the relationship between the plant world, humanity and the rest of nature.

Education at Royal Botanical Gardens encourages environmental stewardship by providing meaningful and diverse learning experiences that connect people with the wild and cultivated plant world.

With over 12 years experience delivering engaging interactive videoconferencing programs, we offer topics that explore biodiversity, conservation, botany, plant ecology and the environment. Whether you are looking for an insect program; a program exploring wetlands, their functions and human impacts or you want to discover more about a delicious chocolate treat; we have a wide variety of plant-based programs to support and enhance your classroom needs or stimulate and entertain older adults.

Tuesday, March 15, 2022

"It's Not Right" Elder Abuse Network Presentation

Date and Time: Tuesday, March 15 11:00 am - 12:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

An important presentation for people of all ages on "Elder Abuse" - it is more than just Physical. Learn how to spot the different types including Emotional, Financial, the It's Not Right presentation by the Elder Abuse Network, makes everyone aware of what's to look for and how to intervene, present and support when it happens.

Wednesday, March 16, 2022

Mindful Meditation

Date and Time: Wednesday, March 16 11:00 am - 12:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

The South Georgian Bay Community Health Centre will be providing a presentation on Programs and Services and an introduction to "Mindful Meditation"

Register for the Seniors Active Living Centre Virtual Fair to participate on Zoom.

Thursday, March 17, 2022

Learn about YMCA Membership, Facilities and Programs

Date and Time: Thursday, March 17 11:00 am - 12:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

The YMCA will be presenting information about the YMCA including, How to become a member, and programs and facilities. Great way to find out what is happening at the YMCA in 2022.

Public Skating - Adult Skate

Date and Time: Thursday, March 17 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

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Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

Shinny, Friday's 12:00p.m. to 1:30p.m.

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- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Senior Active Living Centre St.Patrick Day Online Fun

Date and Time: Thursday, March 17 1:00 pm - 2:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

Join us on Zoom at 1:00pm, wear some Green, and have some fun with some St.Patricks Day Fun and Games

Friday, March 18, 2022

Public Skating - Parent & Tot Skate

Date and Time: Friday, March 18 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

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Open Skate, Sunday's 6:00p.m. to 7:30p.m.

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Location: Wasaga Stars Arena – 425 River Road West

VON Canada

Date and Time: Friday, March 18 11:00 am - 12:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

VON Canada will be presenting information about Community programs and classes, and also will offer an online "Sample" SMART Exercise class at 11:30am

Public Skating - Shiny

Date and Time: Friday, March 18 12:00 pm - 1:30 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

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Open Skate, Sunday's 6:00p.m. to 7:30p.m.

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Location: Wasaga Stars Arena – 425 River Road West

Arm Chair Travel Tour of Wasaga Beach

Date and Time: Friday, March 18 1:00 pm - 2:00 pm

Address: Online Zoom Hosted by Senior Active Living Centre

Our Virtual Senior Active Living Centre Fair will conclude with an "Arm Chair Travel" presentation of Wasaga Beach. If you have wondered where different facilities are located, this mini travel log will show you different areas of Wasaga Beach from one end to the other.

Monday, March 21, 2022

Public Skating - Parent & Tot Skate

Date and Time: Monday, March 21 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

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Location: Wasaga Stars Arena – 425 River Road West

Public Skating - Adult Skate

Date and Time: Monday, March 21 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

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Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

Shinny, Friday's 12:00p.m. to 1:30p.m

October to March – excluding PA Days

Fees: \$1.500/skater or \$6.00/family. Shiny \$5.00/skater

P.A. DAY PUBLIC SKATING

October 22, 2021 3:00p.m. to 4:00;p.m.

Youth Centre Halloween Skate, October 29, 2021 – 6:00p.m. to 8:00 p.m. (FREE)

November 12, 2021 3:00 p.m. to 4:00p.m.

Fees: \$1.500/skater or \$6.00/family.

Please Note:

- Helmets are strongly recommended
- Children under 12 should be accompanied by an adult
- Face Covers must be worn in lobby and change rooms
- Sign in and self screening must be completed upon entrance of the building |
- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Youth Centre- Gaming Night

Date and Time: Monday, March 21 6:00 pm - 8:00 pm

Address: 1621 Mosley Street

Join us for a night of fun and games ! Ping Pong, Basketball, Hockey, Nintendo Switch, Xbox, Playstation, Computer, Roblox and more !

Tuesday, March 22, 2022

Music Jam

Date and Time: Tuesday, March 22 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre



Join this talented group and practise in a Jam format every Tuesday 1-3 pm at the Senior Active Living Centre. Participants do know how to play basic chords to participate, and able to read guitar chorded music.

Youth Centre- Cooking Corner

Date and Time: Tuesday, March 22 4:30 pm - 6:00 pm

Address: 1621 Mosley Street

Youth Cooking Show on Youtube !

Youth Centre- Art Night

Date and Time: Tuesday, March 22 6:00 pm - 8:00 pm

Address: 1621 Mosley Street

Join us for a fun night of painting, crafts and more !

Wednesday, March 23, 2022

Youth Centre- Cooking Night

Date and Time: Wednesday, March 23 6:00 pm - 8:00 pm

Address: 1621 Mosley Street

Every Wednesday is cooking night ! Join us for a night of learnign and eating !

Thursday, March 24, 2022

Public Skating - Adult Skate

Date and Time: Thursday, March 24 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

Shinny, Friday's 12:00p.m. to 1:30p.m

October to March – excluding PA Days

Fees: \$1.500/skater or \$6.00/family. Shinny \$5.00/skater

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November 12, 2021 3:00 p.m. to 4:00p.m.

Fees: \$1.500/skater or \$6.00/family.

Please Note:

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- Children under 12 should be accompanied by an adult
- Face Covers must be worn in lobby and change rooms
- Sign in and self screening must be completed upon entrance of the building |
- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Hobby Lobby Club

Date and Time: Thursday, March 24 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

Our Senior Active Living Centre Hobby Lobby Club meets every Thursday 1:00 pm at the Senior Active Living Centre. Lot of opportunity to share crafts, hobby ideas. Teach or learn from others in a fun and informal setting. Volunteer facilitated self directed social program. Lots of FUN. NO experience necessary!

June 2nd - Learning to make Dream Catchers

June 9th - Cricut Learning to create

June 15th - Painting on Glass

June 23rd - Air dry Clay

June 30th - Jewellery making

WASAGA BEACH RECREATION
Senior Active Living Centre

H O B B Y

Thursdays 1:00 pm

TOWN OF WASAGA BEACH
INCORPORATED 1974

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Youth Centre- Spa & Relaxation Night

Date and Time: Thursday, March 24 4:30 pm - 6:00 pm

Address: 1621 Mosley Street

Join us for a relaxing and fun spa like atmosphere. Yoga, mindfulness, meditating, breathing exercises, nail painting, and stress relieving activities and crafts.

Friday, March 25, 2022

Public Skating - Parent & Tot Skate

Date and Time: Friday, March 25 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

Shinny, Friday's 12:00p.m. to 1:30p.m

October to March – excluding PA Days

Fees: \$1.500/skater or \$6.00/family. Shinny \$5.00/skater

P.A. DAY PUBLIC SKATING

October 22, 2021 3:00p.m. to 4:00;p.m.

Youth Centre Halloween Skate, October 29, 2021 – 6:00p.m. to 8:.00 p.m. (FREE)

November 12, 2021 3:00 p.m. to 4:00p.m.

January 28, 2022 3:00p.m. to 4:00p.m.

Fees: \$1.500/skater or \$6.00/family.

Please Note:

- Helmets are strongly recommended
- Children under 12 should be accompanied by an adult
- Face Covers must be worn in lobby and change rooms
- Sign in and self screening must be completed upon entrance of the building |
- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Public Skating - Shinny

Date and Time: Friday, March 25 12:00 pm - 1:30 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

Shinny, Friday's 12:00p.m. to 1:30p.m

October to March – excluding PA Days

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- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Youth Centre- YMCA Night

Date and Time: Friday, March 25 5:00 pm - 8:00 pm

Address: 1621 Mosley Street

Its Friday ! Meet us at the Youth Centre for pizza at 5:00pm ! We will be leaving the Centre around 5:30pm and walking to the YMCA for games in the gymnasium for 5:45-6:30pm. The fun doesnt stop there, as there is an open swim from 6:30-7:30pm ! Youth will return to the Centre by 8:00pm

Saturday, March 26, 2022

Youth Centre- Movie Night

Date and Time: Saturday, March 26 6:00 pm - 8:00 pm

Address: 1621 Mosley Street

Join us for a Movie and Popcorn !

Earth Hour

Date and Time: Saturday, March 26 8:30 pm - 9:30 pm

Address: Your Home

Every year, we countdown together across the globe to celebrate Earth hour & take one iconic action: switch off the lights!

Monday, March 28, 2022

Public Skating - Parent & Tot Skate

Date and Time: Monday, March 28 10:00 am - 11:00 am

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

Parent and Tot Skate, Monday's and Friday's 10:00a.m. to 11:00a.m.

Shinny, Friday's 12:00p.m. to 1:30p.m

October to March – excluding PA Days

Fees: \$1.500/skater or \$6.00/family. Shinny \$5.00/skater

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October 22, 2021 3:00p.m. to 4:00;p.m.

Youth Centre Halloween Skate, October 29, 2021 – 6:00p.m. to 8:00 p.m. (FREE)

November 12, 2021 3:00 p.m. to 4:00p.m.

January 28, 2022 3:00p.m. to 4:00p.m.

Fees: \$1.500/skater or \$6.00/family.

Please Note:

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- Face Covers must be worn in lobby and change rooms
- Sign in and self screening must be completed upon entrance of the building |
- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Public Skating - Adult Skate

Date and Time: Monday, March 28 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

PUBLIC SKATING

Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

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- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Healthy Aging Education Series with Osteoporosis Society

Date and Time: Monday, March 28 1:00 pm - 2:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

The Osteoporosis Society will be presenting "Importance of maintaining Bone Health"

Introduction to Birding Workshop

Date and Time: Monday, March 28 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

OLDER ADULT

Senior Active Living Centre—Outdoor Activities, Spring

Subscribe to our monthly newsletter and calendar to receive weekly updates www.wasagabeach.com

INTRODUCTION TO BIRDING WITH ASHLEA
Do you love birds but don't know much about them? Experience the joy of birding during the peak of spring migration with local "bird-nerd" Ashlea Veldhoen.
DATE: Mon. March 21, 2022
TIME: 1:00pm - 3:00pm
FEE: \$15 plus HST
LOCATION: 1621 Mosley Street

INTRODUCTION TO FOREST THERAPY WITH TAMARA
Join Tamara, a certified Forest Therapy Guide, as she leads you on a slow-paced walk through nature. Together with the forest, she will offer a series of invitations adapted to the natural surroundings.
DATE: Mon. April 25, 2022
TIME: 1:00pm - 3:00pm
FEE: \$15 plus HST
LOCATION: 1621 Mosley Street

REGISTER
In Person:
1724 Mosley St.
The RecPlex
Phone: 705-429-3321
Ext 2501
Online:
www.wasagabeach.com

Recreation, Events & Facilities
www.wasagabeach.com (705) 429-3321
Connecting with your Community

Please Note: Birding program has been delayed a week - New start date March 28th, 2022

Youth Centre- Grade 5 Try It Day

Date and Time: Monday, March 28 3:30 pm - 6:30 pm

Address: 1621 Mosley Street

Opportunity for Youth in Grade 5 to try coming out to the Youth Centre and participating in some programs on the 1st Monday of every month !

Youth Centre- Gaming Night

Date and Time: Monday, March 28 6:00 pm - 8:00 pm

Address: 1621 Mosley Street

Join us for a night of fun and games ! Ping Pong, Basketball, Hockey, Nintendo Switch, Xbox, Playstation, Computer, Roblox and more !

Tuesday, March 29, 2022

Music Jam

Date and Time: Tuesday, March 29 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

**WASAGA BEACH
RECREATION
SENIOR ACTIVE LIVING CENTRE**

**TUESDAY 1:00 PM
GUITAR MUSIC JAM**

Recreation, Events & Facilities • 1621 Mosley Street, Wasaga Beach
www.wasagabeach.com | (705) 429-3321 | Connecting with your Community

f i t

Join this talented group and practise in a Jam format every Tuesday 1-3 pm at the Senior Active Living Centre. Participants do know how to play basic chords to participate, and able to read guitar chorded music.

Youth Centre- Cooking Corner

Date and Time: Tuesday, March 29 4:30 pm - 6:00 pm

Address: 1621 Mosley Street

Youth Cooking Show on Youtube !

Youth Centre- Art Night

Date and Time: Tuesday, March 29 6:00 pm - 8:00 pm

Address: 1621 Mosley Street

Join us for a fun night of painting, crafts and more !

Wednesday, March 30, 2022

Senior Active Living Centre - Drop in Wednesdays 1-3 pm

Date and Time: Wednesday, March 30 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

WASAGA BEACH RECREATION



Senior Active Living Centre

Registered, Instructional and Weekly Drop In Programs

- Music
- Community Socials
- Community Resource Hub
- Volunteer Opportunities
- Outdoor Recreation
- Weekly Exercise Classes
- Learn to Instructional programs: Hobby, Sport and Leisure Activities



Registration Information and Program Calendar



Recreation, Events & Facilities
www.wasagabeach.com (705) 429-3321 Connecting with your Community



Youth Centre- Cooking Night

Date and Time: Wednesday, March 30 6:00 pm - 8:00 pm

Address: 1621 Mosley Street

Every Wednesday is cooking night ! Join us for a night of learnign and eating !

Thursday, March 31, 2022

Public Skating - Adult Skate

Date and Time: Thursday, March 31 11:00 am - 12:00 pm

Address: 425 River Road West, Wasaga Beach

Wasaga Beach Recreation presents:

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Open Skate, Sunday's 6:00p.m. to 7:30p.m.

Adult Skate, Monday's and Thursday's 11:00a.m. to 12:00p.m.

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- Participants 18+ must show proof of vaccine
- 50 people maximum
- Public Skating Rules Apply

Location: Wasaga Stars Arena – 425 River Road West

Hobby Lobby Club

Date and Time: Thursday, March 31 1:00 pm - 3:00 pm

Address: 1621 Mosley Street - Seniors Active Living Centre

Our Senior Active Living Centre Hobby Lobby Club meets every Thursday 1:00 pm at the Senior Active Living Centre. Lot of opportunity to share crafts, hobby ideas. Teach or learn from others in a fun and informal setting. Volunteer facilitated self directed social program. Lots of FUN. NO experience necessary!

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Youth Centre- Spa & Relaxation Night

Date and Time: Thursday, March 31 4:30 pm - 6:00 pm

Address: 1621 Mosley Street

Join us for a relaxing and fun spa like atmospher. Yoga, mindfulness, meditating, breathing exercises, nail painting, and stress relieving activities and cradts.

<https://calendar.wasagabeach.com>