



# SENIORS MONTH 2021



## Celebrate June with us!

Registration begins June 2nd  
[www.wasagabeach.com/recreation](http://www.wasagabeach.com/recreation)

Age Friendly Flag Raising  
Friday June 4th 9:00 am

### MONDAYS

### TUESDAYS



#### 1:00 pm Online CHATS

June 14th - Nutritious Snacks with  
South Georgian Bay Health Centre  
June 28th - Colors in Nature with  
Royal Botanical Gardens



#### 1:00 pm Music Jam

Grab your guitar, ukulele and join  
us in our weekly Music Jam  
June 8, 15, 22 and 29th

### WEDNESDAYS

### THURSDAYS

### FRIDAYS



9:00 am

#### Beach Walks

Enjoy a leisurely walk along the  
Longest Freshwater Beach  
June 16, 23 and 30th



1:00 pm

#### Learn to Sketch Workshop

June 17th & 24th



1:00 pm

#### Chakra Workshop

June 4th & 11th

#### Chair Yoga

June 18th & 25th

