

Tuesday, February 14, 2023

WBWBA February 14th Business Event

Date and Time: Tuesday, February 14 5:30 pm - 8:00 pm

Address: 60 19th ST N, Wasaga Beach

You're Invited to the WBWBA February 14th Business Event!

Live, Love, fit

Speaker: Cécile De Bretan

Topic: 25-Minute Circuit PLUS Nutrition 101

Kick off the event with a 25-min Circuit Workout in the gym. Following the Circuit, Cécile will be discussing Nutrition 101. Refreshments, food & networking to follow.

Event open to everyone ...past and present members and members of our communities! Guests are welcome!

We look forward to seeing you there!

Location: 60 19th ST N, Wasaga Beach

Registration | Networking: 5:30 pm - 6:00 pm

Meal Options: via Twisted Indian

Taco Box: \$15

Choices: Chicken, Beef, Chana

Bottled water donated by Aliza Andrews Blair

Register at <http://wbwba.com/events>

THEN email payment to Cathy: wbwba.treasurer@gmail.com

Payment via e-transfer only to wbwba.treasurer@gmail.com

Last day to Register: February 12, 2023

Event URL: <https://wbwba.com/event-5131024>

WBWBA is set up for automatic deposit, no security question/answer is required.

When making your payment, please include your dinner choice(s) in the notes section of your e-transfer. Thank you

<https://calendar.wasagabeach.com>